

**Shopping List****Recipes**

Warm Chopped Chicken Piccata Spinach Salad

Caesar Pasta with Romaine and Parmesan

Spinach and Ricotta Gnocchi

Sesame Carrot Salad with Cherry Tomato Crisp

Fried Egg with Rice and Tomato Sauce

3 chicken breasts	\$7.95
1 cup olive oil	\$2.50
2 shallots	\$0.70
9 garlic cloves	\$0.60
4 TB capers	\$2.99
½ cup white vinegar	\$0.15
2 lemons	\$0.50
2 pounds fresh spinach	\$3.78
1.25 cup Parmesan Cheese	\$3.50
1 lb. Linguine	\$1.75
6 anchovy fillets	\$1.00
3 heads of romaine	\$3.00
loaf of white bread	\$4.29
½ cup milk	\$1.00
1 lb frozen spinach, thawed	\$3.78
8 oz Ricotta	\$3.99
6 eggs	\$1.25
¼ cup all purpose flour	\$0.10
4 oz unsalted butter	\$1.20
1 bunch basil	\$0.99
1 tomato	\$2.50
1 lb carrots	\$1.00
2 TB sesame seeds	\$1.00
2 TB rice vinegar	\$0.50
1 TB sesame oil	\$0.50
1 inch fresh ginger	\$0.25
2 TB fresh parsley leaves	\$0.75
1 ½ pounds cherry tomatoes	\$3.29

<b>Total</b>	<b>\$54.81</b>
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