

Vegetables/Fruits

1 red onion	0.54
4 onions	1
2 avocados	1
4 ears of corn	1.6
1 1/2 pounds fresh spinach	4
3 lemons	0.75
3 cloves garlic	0.35
2 carrots	0.5
1 bunch celery	1.25

Meat

4 strips bacon	0.75
2 cans (6 oz. each) tuna	3.29

Grains

12 corn tortillas	2.19
1/4 cup flour	0.1
1 cup quinoa	2

Dairy

3 1/2 cups shredded cheese	4
1/2 cup mayonnaise	0.62
2 TB butter	0.4
2 1/2 cups evaporated milk	2.4
8 eggs	2.5

Canned and bottled goods

4 TB olive oil	2
2 (15 oz. each) cans black beans	2
1 cup tomato sauce	1

Frozen

3 cups frozen corn	5
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Total **39.24**